



Specialized Driver Education Program for Students with ADHD and Other Executive Functioning Disorders

While many driving skills are thought to be acquired naturally for most, we now know that for drivers who struggle with ADHD and other executive-functioning disorders these skills need to be integrated into a program that provides specific skill training and creates new cognitive routines for the driver. Our **Top Driver Specialized ADHD Driver Education Program** provides training for this and also establishes regular behavioral routines for new drivers with ADHD. Research has shown that using a coaching approach with this population is more effective than an instructional approach, and our program is offered by instructors who have been trained in how to work with students who may not respond best to the traditional approach.

- Parents will immediately appreciate the value added to their child's driver training experience.
- Top Driver instructors will implement **specific strategies** to create a safer trip on the road for the teen driver with attention deficits.
- Our instructors will have tools to **support the teen driver with ADHD** as they learn to drive and manage distractions, impulsivity and other impediments to safe driving.
- We will develop an effective pre-trip checklist and use an **enhanced Driving Log** for the student to record driving experiences for later review.
- Top Driver will work with parents to create an **Individualized Graduated License Plan (I.G.L.P.)** for the new driver based on ADHD research.
- Our instructors will also understand the impact that some stimulant medication has on the effectiveness of driving performance and some useful tips on how we coach teens that need medication to sustain their attention.

I.G.L.P Prior to the start of classroom training, a meeting will be held between the parent, student, instructor and Regional Manager/Director of Curriculum. At this meeting an **Individualized Graduated License Plan** will be created to meet the unique needs of each student. The parent will also receive a Parent Handbook with information on the unique challenges their child will face and techniques on how to properly address them.

Classroom Training: 30 hours of instruction including a private 2-hour Modified Final Exam. Student will be provided with a **specially designed student workbook** for maximized learning. Student will complete all classroom training prior to beginning drives.

Behind-the-Wheel: Student will have twelve 90-minute appointments over the course of 12 months. Student will complete a **uniquely-designed Behind-the-Wheel (BTW) curriculum** with a specially trained instructor.

Cost: \$1,500